Maria G. Antoniadou

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Maria Antoniadou is a Dentist and Associate Professor at the School of Dentistry of the National and Kapodistrian University of Athens (NKUA), specializing in Dental Professional Practice. Her teaching and research focus on dental coaching, patient management-particularly among geriatric and other vulnerable populations-as well as dental management and marketing. Her scholarly work centers on quality management, green and circular dentistry, professional sustainability, and the development of leadership and resilience skills among healthcare professionals.

She is responsible for the undergraduate courses *"Application of Human Sciences and Basic Principles of Coaching in Dentistry"* and *"Organization and Management of the Dental Practice,"* both of which integrate innovative approaches from philosophy, psychology, ethics, and business administration. In addition, she lectures in the Interdepartmental Postgraduate Program *"Ethics and Deontology in Biomedical Sciences"* at the University of Thessaly, promoting interdisciplinary connections between health sciences and the humanities.

Dr. Antoniadou is a certified counselor and coach (AC Accredited and ICF Certified), specializing in Dental Psychology, Career Counseling, Performance Coaching, and Systemic Management. She completed the *Certified Systemic Analyst Mastering Program (CSAP)* at the University of Piraeus, with scholarship support, in collaboration with the Hellenic Society for Systemic Studies, leading to professional certification as a business consultant. She is currently a PhD candidate at the Faculty of Theology, NKUA, focusing her research on professional ethics and the meaning of care.

At the NKUA Lifelong Learning Center (KEDIVIM), she serves as Academic and Scientific Director of several continuing education programs for oral health professionals, including the two-year and four-month *Dental Assist PRO*, the five-month *Dental Management*, and the English-language programs *"CAVE-SL Mastering Sustainable Healthcare Leadership Program"* and *"Resilience Mastery for Women in Healthcare"* (dentist-edu.cce.uoa.gr, leader-

edu.cce.uoa.gr). These programs represent pioneering models of applied education in leadership, sustainability, and strategic management of healthcare organizations, advancing the European agenda for *"Green & Ethical Healthcare Leadership."*

She has published extensively in peer-reviewed international journals (MDPI *Dentistry Journal*, *Applied Sciences*, *Healthcare*, *Sustainability*, among others) and has served as guest editor for special issues on sustainable and ethically responsible dental practice. She is also an active member of international networks such as the *ADEE Working Group on Resilience and Burnout Prevention in Dental Students* and the *CIVIS Health Hub Multiple Degree Project*, contributing to the design of interdisciplinary postdoctoral programs in health economics and management.

Her academic books-*"Application of Human Sciences and Basic Principles of Coaching in Health Sciences"* and *"Quality Management in Health Services: The Dental Quality Model"*-reflect a holistic learning philosophy that connects technical proficiency with a human-centered approach to care. Her latest publication, *"365 Days of Dental Management-Dentistry and Success: The Ultimate High-Performance Guide"* (Tsotras Publications, 2025), synthesizes years of research and teaching in dental entrepreneurship in Greece and Cyprus, proposing innovative models for optimizing performance, quality, and professional well-being.

Her vision is to strengthen professional leadership and ethical resilience in dentistry, towards a sustainable, humane, and socially responsible future for healthcare.